

For the Woman New To Sexaholics Anonymous

***Welcome**

We're glad you're here. Women newcomers who think they might have a problem with lust are welcome to any SA meeting that is not specifically marked on a meeting list as "men only". In addition to coming back to this meeting, you will probably also want to find a way to connect with other women in SA recovery. Women in SA make phone calls to each other for support outside of meetings, ask other women to be their sponsors, and make plans to attend co-ed meetings together. Because there are currently more men in SA recovery than women, we know it can be a challenge to reach out if there aren't other women at your first meeting. Please know that there are sober women in SA; here are a few tips for making a connection with them:

***Local Women-Only SA Meetings**

There are two face-to-face women's meetings in southeast Michigan. One is in Ann Arbor on Thursdays from 7:00-8:00 pm in the Alano Club; you can find directions on the SA meeting list. The second is at St. Paul of the Cross in Detroit on Tuesdays from 7:30-8:30 pm. If you would like to speak to one of the women who attend these meetings, call the local SA hotline at 586-997-7518 and ask for a woman to call you back about the women-only meetings.

***Women-Only SA Phone Meetings**

There is a telephone meeting for women in SA every Saturday night from 8-9 pm Eastern. To get directions for how to attend that phone meeting, please call the SA business office, SAICO, at (866) 424-8777 to get the phone meeting's number and PIN.

***Co-ed Morning "Sobriety Renewal" Calls**

These daily calls are often attended by SA's from all over the world, and there are usually a number of women present in addition to men. The 6:30 am and 7:30 am calls are open to women (please note the 8:30 am call is men-only). The phone numbers change occasionally, to find the updated list of numbers go to www.denversa.org

***Contact SAICO**

The SA International Central Office can be reached at saico@sa.org or (866) 424-8777; ask for the women's phone list. SAICO maintains a list of women in SA who have volunteered to take calls from women newcomers and may be available as sponsors.

***Attend the SA International Conventions**

These are held regularly in January and June. Conventions are announced at www.sa.org and are always attended by women in SA from around the world. Many women find sponsors at the conventions, meet other women in recovery, and share their stories and phone numbers there.

***Buy SA Literature**

Literature is available for sale at face to face meetings or at www.sa.org. Some literature specifically includes stories from women including the series "Step Into Action"; the quarterly publication Essay, and specifically the Essay from June 2007 which focused on women in SA.

***Keep Coming Back to This Meeting**

Even though you may have been the only woman here tonight, you are not the only woman with the disease of sex addiction. Women and men alike have found recovery in SA. Many members have been helped by the suggestion to try six SA meetings before deciding if the program is right for you or not. Keep coming back, SA works if you work it and you are welcome here.

Please make copies and distribute freely (Updated 1/07)

Women In SA (WISA)

Uniting women for fellowship, recovery and helping women

ease into a dominantly male fellowship

WISA **New phone number!**

1-888-802-5376 (toll free)

Email: womeninsa@yahoo.com

www.womeninsa.org

Women's SA Phone Meeting

SIS (Sisters In Sobriety) Saturdays at 5pm PST (8pm EST)

Email Meeting (Yahoo group)

<http://health.groups.yahoo.com/group/womenSA/>

Internet Meeting

available

Women are screened before entering meetings

*** Help Needed***

Women in SA Committee (WISA)

Helping women integrate into a dominantly male fellowship

Sponsorship

Women's Phone meeting

Email meeting (Yahoo group)

Internet meetings

Keeping a women's phone list updated

Service positions for WISA Prison Outreach

Pen Pals

Drafting a pamphlet for women in SA

Uniting Women in the fellowship of SA

Donate through website or

WISA PO BOX 117 Sagle, ID 83860

Are you willing to receive calls from newcomers?

Do you want to correspond with other women in SA?

WISA 1-888-802-5376 (toll free)

Email: womeninsa@yahoo.com

www.womeninsa.org